

**If you are involved with an abuser, you should know you are never safe.**



*Sometimes you may feel your partner is getting better. Maybe they promise to change. You may think you can get them to act appropriately if you are the “perfect” partner. But people who abuse their partners do not just “stop”. In fact, abuse gets worse over time. It happens more often and becomes more violent. If you live with a abuser, you need to think about taking care of yourself.*

**Remember:  
There’s NO EXCUSE  
for Domestic Violence**

## Important Numbers

**Families Living Violence Free**  
Granville County's Domestic Violence and Rape Crisis Center  
Administrative Line: 919 - 693 - 5700  
Office Hours: Monday - Friday 9:00am - 5:00pm  
Crisis Line: 919 - 528 - 3579 (24 hours)

<b>EMERGENCY</b>	<b>911</b>
<b>Clerk of Court</b>	<b>919 - 690 - 4800</b>
<b>District Attorney</b>	<b>919 - 690 - 4860</b>
<b>Legal Aid</b>	<b>800 - 331 - 7594</b>
<b>Magistrate</b>	<b>919 - 693 - 8768</b>
<b>Oxford Police</b>	<b>919 - 693 - 3161</b>
<b>Sheriff Department</b>	<b>919 - 693 - 3213</b>
<b>Granville Co. Jail</b>	<b>919 - 693 - 3713</b>
<b>Butner Police Safety</b>	<b>919 - 575 - 6561</b>
<b>Creedmoor Police</b>	<b>919 - 528 - 1515</b>
<b>Department of Social Services</b>	<b>919 - 693 - 1511</b>
<b>Health Department</b>	<b>919 - 693 - 2141</b>
<b>Granville Medical Center</b>	<b>919 - 690 - 3000</b>
<b>Mental Health</b>	<b>800 - 897 - 7494</b>
<b>National Domestic Violence Hotline</b>	<b>800 - 799 - SAFE</b>

# BE SAFE BE PREPARED

# S TEPS to SAFETY

*“Domestic Violence is the battering of the mind, body and spirit”*

No one deserved to be abused.

### **Families Living Violence Free**

Granville County's Domestic Violence  
& Rape Crisis Center  
PO Box 1632  
Oxford, NC 27565  
**919 - 693 - 5700**  
**24/7 Crisis Line:**  
**919 - 528 - 3579**

## Before a violent encounter:

- Practice getting out of the house quickly.
- Keep your wallet and keys handy.
- Tell a neighbor to call police if they hear strange noises. Develop a code to signal them to call the police.
- Teach your children how to dial 911.
- Decide where you will go.
- Know the telephone number to the nearest shelter /crisis center for victims of abuse.
- Teach your children how to get out or find safety.



## After an assault:

- Get out of the house
- Get medical help. Your records can be evidence that could help you.
- Tell someone you trust what happened (a doctor, counselor, relative, or neighbor).
- Call the local domestic abuse crisis line.
- Consider leaving, even if just for the night.

## Safety when leaving:

- Have a plan and do not tell your partner.
- Store money, clothes and keys with a friend.
- Open a savings account.
- Keep copies of important documents.
- Keep change for the telephone.

## Home safety after the abuser leaves:

- Change the locks on your doors and windows. Consider getting a security system.
- Install smoke detectors and fire extinguishers.
- Put up outdoor lights.
- Teach your children how to make emergency calls.
- Tell your friends, family , neighbors, that your partner no longer lives there and they should call the police if they see him.

## Safety in the Community:

- Tell your children's teachers at school, daycare or Sunday School who is allowed to pick them up and ask that anyone picking them up show picture ID.
- Vary or change any routine your partner may be familiar with. Change groceries, banks, daycare, etc.
- Go out during the busiest times.
- Have people you trust walk you to and from your car.
- Take someone with you when you go out.
- Carry a whistle.
- Take a self defense class.
- Program the police, crisis line or friend on your cell phone. Keep a telephone with you at all times.

